A NOTE FROM YOUR CARE TEAM

Growing Up® Immunity

Daily immune support, inspired by breast milk.

Immune support · Kids 1+



WHY WE RECOMMENDED IT

Healthy immunity
Supports immune system development.

A healthy gut
Where the gut and immune system meet.

Vitamins C + D3
Vitamin C from acerola cherry, plus D3.

HOW TO GIVE IT

Ages 1–3

1 serving a day

In at least 4–6 oz of water

Ages 4+

2 servings a day

In at least 8–12 oz of water

Mixes easily into water, so even picky kids get their daily support.

Tip: Start with ½ serving and build up over several days. Some kids may experience mild gas or bloating at first.

THE SCIENCE

1

Breast milk's prebiotic

2'-FL HMO feeds good gut bacteria, and the gut and immune system work closely together.

2

A breast milk protein

Lactoferrin, found in breast milk, helps support the body's natural defenses.

3

Vitamins with strong evidence

Vitamins C and D are two of the best-studied nutrients for kids' immune support.

Scan for how-to tips & FAQs · beginhealth.com

If your child takes any medication or has a medical condition, check with their health care professional before use.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.