A NOTE FROM YOUR CARE TEAM

BeginBaby® Pre + Pro

A healthy gut from the very start.

Prebiotics + probiotics · 0–12 months



WHY WE RECOMMENDED IT

Builds a healthy gut
Seeds good bacteria from day one.

Tummy comfort
Supports digestive comfort and regular stools.

Fits every feeding
For breastfed and formula-fed babies.

HOW TO GIVE IT

0–6 months

½ pack, 2x a day

10–12 hours apart

7–12 months

1 pack a day

Once daily

Mix each dose into at least 4 oz of breast milk or formula and shake well until dissolved. From 7 months, once on solids, you can also stir it into baby food, yogurt or warm water.

Tip: For full-term babies only. Not for babies born premature.

THE SCIENCE

1

Breast milk's prebiotic

HMOs are special prebiotics in breast milk that feed a baby's good gut bacteria.

2

A keystone baby bacterium

B. infantis digests HMOs. A 2025 study found only 8% of U.S. babies carry it.

3

A well-studied probiotic

B. lactis (BB-12®) is a clinically studied baby probiotic that supports comfortable, regular stools.

Scan for how-to tips & FAQs · beginhealth.com

If your child takes any medication or has a medical condition, check with their health care professional before use.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.